

Forest School aims to create capable learners and promote personal sustainability.

Forest School sessions are delivered at St Michaels Catholic Primary school to Reception and Year 2.

Sessions run for 2 hours per week over a 36-week period.

Children will participate in Forest School sessions twice in their primary school life cycle.

Forest School Leader: Mrs Ainsworth
Trained by Archimedes Forest School



Forest School

Supporting today's children in getting ready for tomorrow's world.





What is Forest School?

Forest School is more than an outdoor learning opportunity. It is a long-term program that assesses children's developmental needs and creates learning opportunities through child lead activities and themes. Forest School catches the child's imagination and engages them, with an objective of deeper level learning.

Where did Forest School begin?

Forest School originated in Scandinavia and was widely adopted in Denmark in 1980. It was adapted and brought to the UK in 1993 by nursery nurses from Bridgewater College.

What is the role of the Forest School Leader?

It is the leader's role to risk assess the site, participants and activities and to ensure they are carried out in the safest possible way. The Forest School leader will also encourage participants to be a part of risk assessing.

It is also the leader's role to observe and assess the children and their needs. This often involves acting as a silent presence, the leader is there for support, if and when it is wanted / needed.

The leader will create learning opportunities that will benefit the participants and will develop their multiple intelligences.

What are the benefits?

Forest School develops multiple and emotional intelligences to create a whole child. A child capable of learning and solving problems both in the classroom and in the real world. A child who will live a long and fulfilled life.



What about bad weather?

At Forest School, we believe there is no such thing as bad weather only bad clothing. It is imperative that all children are warm, dry and comfortable. Therefore, please ensure you provide your child with the relevant items detailed on the kit list. This can be obtained at the school office.