

In God's love we believe and achieve



St. Michael's

Catholic Primary School

First Aid Policy

Model HBC Policy - Adopted

St Michael's First Aid Policy

Introduction

The Health and Safety (First Aid) Regulations, 1981 requires employers to provide qualified first aiders to administer first aid to employees within the organisation.

Under Section 3 of the Health & Safety at Work etc Act, 1974 a duty of care exists to protect the health, safety and welfare of pupils, the public and visitors to educational establishments. As such, if the school identifies a risk to those groups then there is a legal requirement to provide First Aid.

Definitions

'First Aid' -

a) In cases where a person will need help from a medical practitioner or nurse, treatment for the purpose of preserving life and minimising the consequences of injury and illness until such help is obtained, and

b) Treatment of minor injuries which would otherwise receive no treatment or which do not need treatment by a medical practitioner or nurse.

'First Aider' -

A first aider is someone who has undergone a training course in administering first aid at work and holds a current first aid at work certificate.

'Appointed Person' -

a) Take charge when someone is injured or falls ill, including calling an ambulance if required;

b) Look after the first-aid equipment, e.g. restocking the first-aid box.

Responsibilities

Head teachers must ensure that sufficient First Aiders are available. Records of the occupational risk assessments must be kept and any actions identified should be shared with the relevant employees. The measures need to be monitored to make sure that they are effective.

Also see defibrillators section.

Assessing the level of first aid provision

First Aid provision should be risk assessed, giving consideration to the following criteria:

1. How many pupils are there on site? One first aider is required at any one time for 100 employees/ pupils
2. What is the nature of the activities - does it involve activities where there is a 'high' risk, especially on Educational visits?
3. How many fully qualified first aiders are there?
4. Sickness absence / holiday cover
5. How accessible are the first aiders? (consider layout of building or place of work)
6. How accessible are the emergency services?

Head teachers are responsible for identifying the category of first aid provision (see appendix 'b'), arranging necessary training and for ensuring parents are aware of the schools first aid arrangements.

Training Requirements

Fully qualified first aiders (FAW) must have attended a three-day course (approved by the Health and Safety Executive). In order for their certification to remain valid, three yearly refresher training is also required. An annual half day refresher course is also strongly recommended.

Emergency first aiders at work (EFAW) must have attended a 1 day course and gained an accredited first aid certificate.

Schools may wish for staff to attend a one-day course that gives them Appointed Person status but does not qualify them to carry out first aid duties. Appointed persons are responsible for calling the emergency services in the event of an incident and ensuring that adequate first aid supplies are available. Appointed persons are not to be considered as alternatives for qualified first aiders except in situations where there are less than five employees on site.

Voluntary training is available in the use of defibrillators for sites who hold this type of equipment.

Early Years Settings

In early year's settings, at least one person who has a current paediatric first aid certificate must be on the premises at all times when children are present. There must be at least one person on outings who has a current paediatric first aid certificate. First aid provision must also be made for employees at any early years setting.

Managers should carry out training-needs analysis to ensure that the proposed employee will be required to carry out first aid. In other words, is there adequate provision already taking into account the considerations listed below?

Educational Visits

It is advised that a competent First Aider attends educational visits which may involve visiting remote areas. They should have access to a travelling first aid kit. Owing to the nature of activities the 3 day course may not be appropriate (see appendix 'b').

First Aid Supplies, Locations and Defibrillators

For schools who have installed defibrillators, Head teachers must ensure weekly checks of the equipment are carried out and records kept. Faults and consumable requirements must be reported on a monthly basis to the relevant authority. Annual refresher training is recommended.

First aid boxes should be kept adequately stocked and located in the vicinity of the first aider and particularly in places where they are most likely to be needed e.g. D & T Work Shops, Science Labs, PE Areas, Home Economics Areas and Kitchens.

Communication

Information should be available with details of the location and contact number for the nearest designated first aiders.

Insurance

For schools buying into the Halton Borough Council Insurance scheme the insurer's have confirmed that should there be a claim for damages arising from malpractice in the provision of first aid, the person administering will be indemnified under the Employers Liability Insurance, providing that:

- Their first aid certificate is current
- They have not carried out first aid beyond the level to which they have been trained

Schools who do not buy into the insurance scheme should check with their own insurance that the same cover applies.

Aspirin / Paracetamol

Advice contained within the following Policy should be followed
REP-SCH-POL-33 Supporting Pupils at School with Medical Conditions.

Review and Evaluation

The First Aid Policy will be reviewed every two years or sooner if any changes are made to the model policy.

Reviewed by Mike Volynchook, Chair of Governors

Signed

Review date.....

Appendix 'a'

First-aid box

What should a first-aid box contain?

There is no mandatory list of contents for first-aid boxes and HSE does not 'approve' or endorse particular products. **Deciding what to include should be based on a Head teachers assessment of first-aid needs.** BSI has outlined a guide to help employers select the most suitable kit for their requirements (BS8599):

Workplace Kit Content	Small	Medium	Large	Travel
Guidance Leaflet	1	1	1	1
Medium Sterile Dressing	4	6	8	1
Large Sterile Dressing	1	2	2	1
Triangular Bandage	2	3	4	1
Safety Pins	6	12	24	2
Sterile Eye Pads	2	3	4	1
Waterproof Plasters ¹	40	60	100	10
Sterile Saline Wipes	20	30	40	4
Microporous Adhesive Tape	1	1	1	1
Nitrile Gloves (pair) ²	6	9	12	1

¹ Individual wrapped sterile plasters (assorted sizes), appropriate to the type of work and demand (hypoallergenic plasters can be provided, if necessary);

Sterile Finger Dressing	2	3	4	0
Resuscitation Face Shield	1	1	2	1
Foil Blanket	1	2	3	1
Sterile Eyewash ³	0	0	0	1
Hydrogel Burn Dressing	1	2	2	1
Scissors	1	1	1	1
Conforming Bandage	1	2	2	1

Please note the above is a guide only and does not form part of legislation.

Low Risk (e.g. offices)

Less than 25 pupils/staff - **small kit**
 25 - 100 pupils/staff - **medium size kit**
 Over 100 pupils/staff - **1 large kit per 100 persons**

High Risk Activities

Less than 5 pupils/staff - **small kit**
 5 - 25 pupils/staff - **medium size kit**
 Over 25 pupils/staff - **1 large kit per 25 persons**

² Disposable gloves (see HSE's leaflet Latex and you) dependant upon demand;

³ Sterile eye wash should be kept easily accessible, near to the first aid box, travel kits must contain eyewash as it is unlikely fixed eye wash stations will be available.

How often should the contents of first-aid boxes be replaced? Although there is no specified review timetable, many items, particularly sterile ones, are marked with expiry dates. They should be replaced by the dates given and expired items disposed of safely. In cases where sterile items have no dates, it would be advisable to check with the manufacturers to find out how long they can be kept. For non-sterile items without dates, it is a matter of judgement, based on whether they are fit for purpose. It is recommended that you do not keep tablets and medicines in the first aid box.

First Aid Provision

Group	Requirement	Regulating body	Training available	Notes
Employees	<p>First Aid at Work Regs:</p> <ul style="list-style-type: none"> Adequate & appropriate equipment, facilities & personnel Determined by risk assessment <p>ACoP</p> <ul style="list-style-type: none"> Suggested numbers for low high work areas 	HSE	<ul style="list-style-type: none"> First Aid at Work - 3 days Annual half day refresher (strongly recommended) Every 3 years -2 days refresher Emergency Aid for Appointed Persons 1 day/6 hrs 	<ul style="list-style-type: none"> 3 day course not designed for use with non-employees
Pupils and visitors	<p>DCFS 'Guidance on FA in schools':</p> <ul style="list-style-type: none"> Minimum 1 : 100 pupils Supplemented as required by RA 	Ofsted	<ul style="list-style-type: none"> First Aid at Work - 3 days Annual half day refresher (strongly recommended) Every 3 years -2 days refresher 	<ul style="list-style-type: none"> Primary schools - if Paediatric First Aider not available, course to include CPR for under 8 year old children

Group	Requirement	Regulating body	Training available	Notes
Pupils <ul style="list-style-type: none"> • Early Years 	<ul style="list-style-type: none"> • Relevant pediatric course (12hr) 	Ofsted	<ul style="list-style-type: none"> • Paediatric course 12 hours • Every 3 years -1 day refresher 	
Pupils <ul style="list-style-type: none"> • educational visits 	DfES 'H&S of pupils on Ed visits' <ul style="list-style-type: none"> • Refs to FA guidance doc - see above Adventure Activity Licensing Regs <ul style="list-style-type: none"> • suitable & sufficient arrangements for provision of FA AALA Guidance <ul style="list-style-type: none"> • accompanied by at least 1 person with valid, appropriate FA certificate • HSE approved provider • No list of recognised courses • 3 day course may not be appropriate 	Adventure Activity Licensing Authority (AALA) - specified activities only	<ul style="list-style-type: none"> • Emergency First Aid 2 days/16 hours Rescue Emergency Care scheme syllabus + tailored 	<ul style="list-style-type: none"> • FA training may be part of outdoor education qualification e.g. Mountain Leader, BCU • 16hr course is minimum accepted by HBC

